



# DIAGNOSTIC MEDLAB

## **Instructions for the collection of a 24 HOUR URINE SPECIMEN**

You have been provided with two urine collection bottles, which may contain 6 Molar HYDROCHLORIC ACID liquid preservative.

### **If the bottle has a “Caution – Acid” label on it:**

- Keep the bottle upright and away from clothing
- Do not throw the acid out
- Do not get the acid on your skin
- Do not let children near the bottle

### **If contents are accidentally swallowed:**

- Wash out mouth thoroughly with water
- Drink plenty of water
- **OBTAIN MEDICAL ATTENTION**

**If the contents are splashed in eye or on skin,  
immediately rinse with water for at least 10 minutes and  
OBTAIN MEDICAL ATTENTION**

PTO



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## Collection:

Ensure your full name is written on the 24 hour urine collection label.

Ideally Start the collection first thing in the morning and store the bottle in the refrigerator.

1. To start, empty your bladder completely into the toilet. This urine is not required for the test. Write this time and date in the "Time and Date Commenced" on the bottle label.
2. From now until the **same** time the next day, (including during the night) all urine you pass must be collected into the bottle.
3. The time you begin and end the collection of urine must be exactly 24 hours. Even if you do not feel the need, you must empty your bladder completely and collect the last urine into the bottle.
4. Write the finish time and date in "Time and Date Finished" on bottle label.
5. Ensure you have tightened the lid/s of the bottle/s before returning them to a Diagnostic Medlab Collection Room with your laboratory request form the same day you complete the urine collection.
6. Return the second bottle if not used.