



DIAGNOSTIC MEDLAB

Instructions for the collection of FAECES FOR OCCULT BLOOD

1. You have been given three spatulas and a card made up of three sections, 1 – 3. **Do not separate** the sections.
2. Label each of the three sections in the space provided with your name, date of birth and the date of the specimen collection.
3. Each of the three sections have two boxes inside, A and B. Open section one of the labelled side.
4. Read the card instructions (patient's directions) and collect the specimens over three days.
5. Each day use a spatula to smear a thin layer of faeces inside box A. Then from a different part of the same specimen, and using the other end of the spatula, smear a thin layer inside box B.
6. Allow the specimen to dry before closing the section.
7. After the third specimen is collected return the card, with the laboratory form to any Diagnostic Medlab Collection Room.

DIET RESTRICTIONS

Avoid a diet of meats, horseradish and turnips, twodays before and during the specimen collection period.

Some drugs such as aspirin and other pain killers may cause gastric irritation resulting in minor bleeding from the stomach. If in doubt about whether to stop these consult your doctor.

ENQUIRIES PHONE 571 4000
www.dml.co.nz