



# DIAGNOSTIC MEDLAB

## Instructions for the collection & delivery of SEMEN FOR FERTILITY INVESTIGATION

Deliver to: **10 Harrison Road, Ellerslie** *\*refer map overleaf*  
Monday to Friday: **7.30am – 4.00pm**  
Saturday: **8.00am – 11.00am**

### Specimen Collection:

1. Abstain from sexual intercourse for at least three days and no more than seven days before collection of specimen.
2. Wash hands and glans area of the penis thoroughly. Ensure all soap is removed as it can damage the sperm.
3. Obtain the specimen by masturbation. Ejaculate directly into the sterile container provided.  
**Do not use a lubricant or condom.**  
**Do not spill any of the semen.**
4. Close container lid tightly and label with your:  
Name, Date of Birth, Date and Time of collection.
5. Keep specimen at body temperature by wrapping in cotton wool or by placing it next to your body while you deliver it to the laboratory.
6. Deliver **within 60 minutes of collection**, directly to the **testing laboratory: 10 Harrison Road, Ellerslie.**

ENQUIRIES PHONE 571 4000  
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