



**DIAGNOSTIC
MEDLAB**

Patient Information for a POLYCOSE SCREEN TEST

You do not have to fast prior to the test.

When you arrive at the collection room you will be required to drink a glucose drink.

After the drink you can go away, but **MUST** return within 50 minutes.

A blood specimen will be collected, exactly one hour after the drink.

It is important for the accuracy of results that within the one hour period:

- You do not eat (including chewing gum)
- You do not drink (except water without additives)
- You do not smoke
- You remain calm and relaxed

**ENQUIRIES PHONE 571 4000
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