

# Information on Specialised Procedures

TEST/PROCEDURE * requires patient to make an appointment	INSTRUCTIONS / TEST PREPARATION / NOTES
<b>BONE MARROW BIOPSY*</b> Weekdays Only	<ul style="list-style-type: none"> <li>Phone 571 4070 or 571 4069 for appointments, usually as part of a consultation with a Haematologist.</li> </ul>
<b>COAGULATION TESTING</b>	<ul style="list-style-type: none"> <li>Avoid platelet-altering medications for 10-14 days prior to test. A Bleeding Time will only be done if specifically requested.</li> <li>A Bleeding Time is NOT routinely performed on children under 6 years of age.</li> <li>All Rooms</li> </ul>
<b>DNA PATERNITY TESTING*</b>	<ul style="list-style-type: none"> <li>Phone DNA Diagnostics, 571 6474 to ensure registration requirements are met and to make an appointment at a collection room.</li> </ul> <p>CHARGE TO PATIENT</p>
<b>ECG*</b> Weekdays Only	CHARGE TO PATIENT
<b>FNA*</b> Weekdays Only	<ul style="list-style-type: none"> <li>Phone 571 6435 for an appointment.</li> </ul>
<b>GLUCOSE TOLERANCE TESTING*</b>	<ul style="list-style-type: none"> <li>No food for 8 - 12 hours. Water only. Fasting period to be no longer than 16 hours.</li> <li>Phone Chemical Pathologist before submitting I.D.D.M patients to a GTT.</li> <li>All Rooms</li> </ul>
<b>HAEMATOLOGY CLINIC*</b>	<ul style="list-style-type: none"> <li>Specialist Haematologist Consultations.</li> <li>Phone 571 4069 for appointment.</li> </ul>
<b>MANTOUX TESTING</b> Weekdays Only (see notes)	<ul style="list-style-type: none"> <li>Only placed on Monday, Tuesday and Friday with reading 72 hours later on Thursday, Friday or Monday.</li> <li>Patient written consent required for testing.</li> </ul>
<b>MYCOLOGY SPECIMENS</b>	<ul style="list-style-type: none"> <li>Avoid topical and/or oral anti-fungal medications and oil-based ointments or lotions for 48 hours prior.</li> <li>All Rooms</li> </ul>
<b>SEMEN for FERTILITY TEST</b> (see note)	<ul style="list-style-type: none"> <li>Specimens must be delivered by patient directly to: Central Testing Laboratory, 10 Harrison Road, Ellerslie within one hour of collection. Monday - Friday 7.30am – 4.00pm Saturday 8.00am – 11.00am</li> </ul>
<b>SKIN PRICK TESTING*</b> Weekdays Only	<ul style="list-style-type: none"> <li>Avoid oral antihistamine medications for 48 hours prior.</li> <li>Some anti-depressant medications may affect the result.</li> <li>Topical agents should not be applied to the area where the test will be performed (inner aspect of forearms or upper area of back) for at least 24 hours prior to test.</li> <li>Patient written consent required for testing.</li> </ul>
<b>SYNACTHEN TEST*</b> Weekdays Only	<ul style="list-style-type: none"> <li>Doctors available within 5 minutes (rare safety precaution).</li> <li>Two days notice required.</li> <li>Withhold morning steroid dose prior to test.</li> <li>Patient written consent required for testing.</li> </ul>
<b>VACCINATIONS*</b> (Monday & Thursday am's Only)	<ul style="list-style-type: none"> <li>Phone 524 7431 for an appointment.</li> <li>Patient written consent required for testing.</li> </ul> <p>CHARGE TO PATIENT</p>

ROOM	PHONE	TESTS AVAILABLE
<b>NORTH</b> Mairangi Bay, Apollo Health Centre	477 3790	Skin Prick Test, Mantoux, ECG
<b>CENTRAL</b> Remuera, 12 St Marks Rd	524 7431	Skin Prick Test, Vaccinations, ECG
<b>SOUTH</b> Manurewa, 161B Great South Rd	266 5633	Skin Prick Test, Mantoux, ECG
<b>EAST</b> Ellerslie, 10 Harrison Rd	571 6410	Skin Prick Test, Mantoux, ECG, Synacthen, B.M.Biopsies, FNA, Haematology Clinic
St Heliers, 188 St Heliers Bay Rd	585 0301	Skin Prick Test
<b>WEST</b> Henderson, 49 Lincoln Rd	837 5949	Skin Prick Test, Mantoux, ECG